

# The Heart of Healing: Practical Holistic Living for Today from the Edgar Cayce Readings



with Peter M. Schoeb, DC, LMT

Memphis area, Tennessee  
Saturday, June 9, 2012

First Unity Church  
9228 Walnut Grove Road  
Cordova, TN 38018  
901-753-1GOD (901-753-1463)

For more than forty years, Edgar Cayce gave readings to thousands of individuals, diagnosing illnesses and suggesting holistic treatments long before alternative medicine became mainstream. For this, Cayce became known as the “father of holistic medicine”.

Dr. Peter Schoeb, who studied with Cayce health pioneer Dr. Harold J. Reilly, is one of A.R.E.’s most comprehensive practitioners of holistic medicine. In this insightful program, you will become familiar with and embrace the health principles found in the Edgar Cayce readings. These steps toward good health, used in cooperation with your health care provider, will help you make informed choices and give you practical and effective methods for maintaining good physical, mental, and spiritual health.

- Understand why we get sick and what preventive measures we can take
- Learn fascinating, readily applicable principles found in the Edgar Cayce readings to promote good health
- Understand effective ways to detoxify and keep your body in good metabolic shape
- See how simple changes to diet and lifestyle can be both fun and beneficial
- Realize that health choices affect your entire life and those around you
- Recognize some of the signs and symptoms that reveal what’s going on in your body
- Establish inspirational ways to balance body, mind, and spirit, during life’s journey

You have everything you need to promote health and well-being and deal with imbalances and diseases beneficially. The choice is yours! Through lecture, insight, some good stretches and laughter, questions and answers, as well as guided meditation, you will take home tools to promote health and healing and receive blessings from mother nature as revealed through the Edgar Cayce Readings.

Many of today’s advances in medical science were anticipated by Cayce and are used by health care practitioners worldwide. The Heart of Healing will bring you Cayce’s most important and practical guidelines so that you can enjoy a *life filled with vibrant health and energy!*

### PAST ATTENDEES SAY OF DR. SCHOEB:

*“Very knowledgeable—and apparent that he loves what he does, is personable and interested in every person he’s in contact with.” “His love for the A.R.E. and his healing practice is inspirational. He made me feel like a close friend . . . I can’t say enough good about him!”*

**Peter M. Schoeb, DC, LMT**, is a holistic doctor of chiropractic, a nutritionist, and a massage therapist of many years. He trained with Dr. Harold Reilly in the early 1980s in massage and holistic therapies as found in the Edgar Cayce readings. He is on the faculty at the **Cayce/Reilly® School of Massotherapy** and for almost thirty years taught Cayce-based health and wellness in North and South America, Japan, and in Europe. He is in practice at the **A.R.E. Health Center and Spa** in the historic Cayce hospital in Virginia Beach, where he won a 2010 Readers’ Choice Award from *The Health Journal*. Body-mind-spirit integration and spiritual practice are hallmarks of his practice and life.

A Special One-Day Event Sponsored by the Association for Research and Enlightenment, Inc. (A.R.E.®)

### DIRECTIONS:

#### Traveling from west (Arkansas) going east:

Take I-40 East to Memphis, using the new bridge over the Mississippi River. Take the I-240 connector going east North to get to the Walnut Grove Road exit. (It will take about 20 minutes from the new bridge to get to the I-240 connector.)

Once you reach the Walnut Grove Road, you will exit going east on Walnut Grove Road. Continue on Walnut Grove Road, go past Baptist Hospital, and drive farther past the Agri-Center International (about 3 or 4 miles east of Baptist Hospital).

Continue going east. You will see the Germantown Parkway exit. Continue on Walnut Grove Road. Once you pass the Germantown Parkway exit, **First Unity Church** will be an additional 2 miles. You will see the church sign and entrance on your left (about a half-mile past Walgreens).

**TIME:** Saturday, 9:30 a.m. to 4:30 p.m. At-door registration/book tables open at 9:00 a.m. Meal break: 12:30-1:30 p.m. (restaurants within driving distance).

### FOR MORE INFORMATION CALL:

A.R.E. Headquarters 800-333-4499  
Lora Little 901-581-4516

Or go online to [EdgarCayce.org/fieldconferences](http://EdgarCayce.org/fieldconferences)

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TUITION:	Preregistered*	At-Door
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A.R.E. Member/Senior (62+)	<del>\$64</del> \$49	<del>\$74</del> \$59

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\*Please Note: To ensure preregistration discount, your registration must be received at least forty-eight hours before the program.

### YES! SIGN ME UP!

Charge card customers may register any time **online: [EdgarCayce.org/fieldconferences](http://EdgarCayce.org/fieldconferences)**. Or call toll free **800-333-4499**; fax: **757-422-6921**. To register by mail: Make check or money order payable to **A.R.E. Conferences Registrar**, and note on check conference name and city. Mail to: **A.R.E. Field Conferences, 215 67th Street, Virginia Beach, VA 23451-2061**.

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